

Curl Detangling

Tips & tricks for getting rid of knots & tangles



Plus, bonus of how to apply
product for the best results!



**AMBUSHED SALON
EDUCATION**



Hello & Welcome!

I am so excited you have found your way to reading this guide! You see, I am very passionate about education and the sharing of the knowledge I have collected over the years. Not to mention, the number of times it has been expressed to me the desire to have this knowledge at home, after leaving the salon. A warm thank you, to all of you that have inspired me! I want every single person to feel comfortable and confident to express themselves authentically. And I sincerely look forward to helping you reach your curl goals!

Much Curl Love,
Amy Bush

What you will learn about your curls...

It can be very overwhelming and confusing when it comes to knowing how to detangle your curls. This guide was created to help you decipher your next steps.

When you are finished following the steps laid out in this guide, you will have a better idea of how to approach smoothing and defining your curls.

Product application is the first important step to ensuring your styling will look great and last longer.

For more information on your curls, take a look at our other available ebooks!

Cheers to finding happiness in your curls!

Your Curl Journey will include...

- ✓ Learning an easier way to get through the pesky knots and tangles
- ✓ Learning how to mix and apply products to curls, in order to get defined bouncy curls

WHAT ARE...

The steps to detangling?



The more you practice the better you will get!

It can feel a bit awkward when you first start or even overwhelming with the number of steps. However, I have broken it down to the smallest detail, which helps when you are just starting to learn a new way of doing something!

As you become more comfortable with your process and what works, feel free to start experimenting.

Journaling your process and what products you choose also helps with repeating what works!

Most importantly, the better you do on day one the better your curls will hold up for the following days.

Get out your brush and products and lets try this together!



Knowing how to detangle and create smooth defined curls is a must. You will see a step by step guide on how to achieve frizz free, bouncy curls that will stay looking healthy and shiny until your next cleansing day!

Detangle with Moisture

Do you see the difference between the left side and the right? If you said the left was more defined, you'd be correct! That is the definition we are looking to achieve.



First, you need to make sure the hair is fully saturated with water or a leave-in-conditioner. It should sound and feel slightly squishy. Or even a bit drippy.

Have a water bottle nearby, to reapply water as the hair may tend to dry out. Keep hair wet while working through the detangling process and product application.

Cocktailing Products

Products are as important of a tool as our fingers or brushes. I love to combine the products I need to get the job done! I'd recommend 2 or 3. You will apply the amount needed for each section.



My favorite is to choose a lotion/cream, foam and a holding product like a gel.

After you have placed a small amount of each product in your hand, you will emulsify until they are all mixed in your hands.

This is called "Cocktailing."

Product Application

Take your section, before detangling, and apply from roots to the ends of curls.



It is important to apply the proper amount of product. You will feel and hear the hair be squishy. Not drippy!

This will help with the detangling process.

Now you are ready to remove the knots!

There Might be Knots

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Knots can and will be frustrating and very annoying. But, there's a technique that will make it easier and prevent you from damaging your curls.



First, work with smaller sections. Then, pull in a downward motion in order to straighten the hair. Next, separate in horizontal motion. Then, pull straight again. Continue to repeat these steps until you can easily pull fingers through the section of hair.

Denman Brush

You can choose to only use your fingers especially if you get the defined curls you want. However, you may desire to create even smoother curls. When that is the case, you will need to use a Denman brush.



It will be easier to run the brush through, because you finger detangled first.

Start by running the brush on the top of the section of hair (like the photo on the left).

You may find it gets slightly caught at a point. When that happens, switch to the underneath (photo above). Continue to repeat the process until you reach the ends of the hair. Make sure to run the ends through the brush to finish the section.



Finish the Section

The goal is that the section of hair will look just like a smooth and shiny ribbon.

Run the hair through your fingers in order to smooth then slide the ends of hair through the fingers.



After that, give a slight shake and a push upwards to release the curl into natural formation. This will encourage the curls tendency to bounce back into shape.

Repeat in sections over the entire head.



Did you try the steps? How did you do?

If you are still feeling the hair is not moisturized or smooth enough, take a look at your cleansing products, conditioning or curl prep routines.

Try tracking what your hair needs and the changes you make from week to week.

Taking notes will help you to know what works so you can continue to get what you want!

Check out our other ebooks for more information!

Happy curl days!



Thank you!

Hopefully you are excited to have this information at your finger tips!

If you still feel you would like more curl education designed around your unique set of curls, just reach out to your Curl Specialist!

*So much Curl
Love! -Amy Bush*